



Benefits – Food Assistance Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

The Food Assistance Program

(also known as Food Stamps/SNAP) offers financial help for food to income- eligible single adults and families.

Income Limits for Eligible Food Stamp Recipients (Effective 10/1/2022 – 9/30/2023)

| Household Size | Maximum Gross Monthly Income* |
|----------------|-------------------------------|
| 1 | \$2,430 |
| 2 | \$3,288 |
| 3 | \$4,054 |
| 4 | \$5,000 |
| 5 | \$5,858 |
| 6 | \$6,714 |

*Income can be alimony, child support, earned income, unearned income, Social Security, etc.

How Much Aid Could I Receive?

The table below shows current maximum monthly SNAP allotments, based on household size. Note: The values below have been updated to reflect SNAP increases on Oct. 1, 2023.

| Household size | Maximum monthly allotment |
|------------------------------|---------------------------|
| 1 | \$291 |
| 2 | \$535 |
| 3 | \$766 |
| 4 | \$973 |
| 5 | \$1,155 |
| 6 | \$1,386 |
| Each additional member (add) | +\$219 |

What Documents Do I Need to Apply?

Proof of income

- 30 days of earned income (pay stubs, employer statement that includes pay per hour and hours per week, etc.)
- Self-employment bookkeeping records (if self-employed)
- Agency letter showing unearned income (Social Security Retirement or Disability income, Supplemental Security Income (SSI), Veterans Affairs (VA) pension or disability benefits, Unemployment, child support, alimony, private retirement, pension, etc.)

Proof of identity (any of the items below)

- Driver's license or state-issued identification card

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- Birth certificate or Social Security card
- Work or school identification card
- Voter registration card

Proof of medical expenses (ONLY if over 60 or disabled)

- Billing statements or repayment agreements
- Medicare card, indicating Part B
- Mileage or transportation costs to/from medical appointments
- Itemized receipts for medical expenses (prescription drugs, medical supplies, etc.)

Other possible documents

- Immigration or naturalization papers (ONLY if these documents apply to you. For example, NOT required if you are only applying for your children who were born in the United States)
- Child care expenses (if appropriate)

Application Information

- ▶ **The Navigation Team can screen and assist individuals with applying for Food Assistance onsite at one of our office locations.** Please contact us at 303-432-5130.
- ▶ **Apply at your county of residence human services department.** For Jefferson County Department of Human Services, you can walk in and apply in person at:
900 Jefferson County Parkway - Room 110
Golden, CO 80401
Phone: 303-271-1388
- ▶ **To apply online:** Visit the PEAK website at <http://coloradopeak.force.com/>
- ▶ **You may also apply at The Action Center** by calling and requesting an appointment for assistance with “food stamps” or “human services benefits.” They are located at:
8745 W 14th Ave.
Lakewood, CO 80215
Phone: 720-215-4850

Immediate Assistance:

- ▶ **Call the Hunger Free Hotline** at 720-382-2920 or 1-855-855-4626 to receive food resources and referrals to additional locations where people can receive assistance to apply for food stamps. Ask Navigation for separate food resources.