



Need more information? Contact our Navigation Services Team at 303-432-5130 or [navigation@jcmh.org](mailto:navigation@jcmh.org)

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

### **Pregnancy Options Counseling**

#### **Planned Parenthood**

1-800-230-PLAN (7526) or Text PPNOW to 774636  
7735 N. Wadsworth Blvd. Arvada, CO 80003; 303-425-6624  
1400 S. Wadsworth Blvd. Lakewood, CO 80232; 303-988-3821  
131 W. County Line Rd. Littleton, CO 80129; 303-798-0963  
921 E. 14th Ave. Denver, CO 80218; 303-832-5069  
<https://www.plannedparenthood.org/>

- Offers pregnancy testing, counseling to help expectant parents understand their options, and abortion referrals or services.
  - Check website or call to learn about particular services at a location.

#### **Jefferson County Public Health**

303-232-6301  
645 Parfet St. Lakewood, CO 80215  
<https://www.jeffco.us/public-health>

- Provides pregnancy tests, birth control and emergency contraceptives, men's health and vasectomy, and STI testing and treatment.

#### **Ariel Clinical Services**

303-703-9351  
4660 Wadsworth Blvd. Wheat Ridge, CO 80033  
<https://www.arielcpa.org/>

- Provides counseling to help expectant parents know their options, including making an adoption plan or terminating pregnancy.

#### **All-Options**

1-888-493-0092  
<https://www.all-options.org/>

- Provides peer counseling and support around pregnancy options, abortion, adoption, parenting, pregnancy loss, infertility, and other reproductive decision and experiences.
  - Hotline available Monday – Friday 8 am – 11 am; Saturday – Sunday 8 am – 4 pm
- **Faith Aloud** clergy counseling provides support from trained clergy and religious leaders of diverse faith backgrounds. Call 1-888-717-5010 for more information.

### **Adoption Services**

#### **Adoption Options**

303-233-2328 or 1-800-878-1601  
1355 S. Colorado Blvd. Unit #501 Denver, CO 80222

There are many agencies in the area that offer counseling, support, education and resources to those experiencing an unplanned pregnancy. These agencies can assist someone in making a decision about the pregnancy and can provide resources to support whatever decision is made.

Always use your best judgment when choosing a clinic. It might be helpful to contact a couple different organizations to discuss your options.

#### **Contents:**

[Pregnancy Options Counseling](#): page 1

[Adoption Resources](#): page 1

[Abortion Resources](#): page 3

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<https://adoption-options.com/>

- Provides free, non-judgmental, confidential support as expecting mothers consider adoption. Provides information on birthfather rights, programs for adoptive parents, relinquishment counseling, and adult adoptee services. Also offers access to profiles of families wanting to adopt.
  - Services are available through face-to-face meetings, call, text, and email.

## **Catholic Charities**

720-799-9520

6240 Smith Rd. Denver, CO 80216

<https://ccdenv.org/familyservices/adoption-services/>

- Offers pregnancy counseling and adoption services to individuals and families of all backgrounds, religions, ethnicities, and socioeconomic status.
  - Services are also available in Spanish.

## **Lutheran Family Services Rocky Mountains**

720-838-5689 or 1-800-579-9496

363 S. Harlan St. Suite 200, Denver, CO 80226

<https://www.lfsrc.org/pregnancyoptionscolorado/>

- Offers pregnancy counseling and adoption services to individuals and families of all backgrounds, religions, ethnicities, and socioeconomic status.
- **Pregnancy Options Colorado** provides free counseling to women and couples experiencing an unplanned pregnancy. Visit <https://www.lfsrc.org/pregnancyoptionscolorado/> for more information.

## **Alternatives Pregnancy Center**

303-295-2288 (24 hour hotline)

Lakewood Office: 441 Wadsworth Blvd, Suite 225, Lakewood, CO 80226; 303-969-9369

Central Office: 1440 Blake St. Suite 200 Denver, CO 80202; 303-292-2899

East Metro Office: 14221 E. 4<sup>th</sup> Ave., Building 2, Suite 330, Aurora, CO 80011; 303-344-8212

Castle Rock Office: 410 S. Wilcox, Suite 103, Castle Rock, CO 80104; 303-653-9099

<https://youhavealternatives.org/>

- Offers pregnancy testing, options counseling, adoption resources, and ongoing support. Center does not provide abortion referrals.

## **Bethany Christian Services**

1-800-238-4269

2821 S. Parker Rd. Aurora, CO 80014

<https://impregnant.org/options>

- Offers pregnancy counseling and adoption assistance. Support is available over the phone, text, email, or chat. Does not provide abortion referrals.

## **Life's Options Pregnancy Center**

303-674-5881

3721 Evergreen Pkwy. Suite 12 Evergreen, CO 80439

<https://www.lifesoptionspc.org/>

- Offers pregnancy testing, counseling, referrals, and support. Center does not provide abortion referrals.

## **Child Welfare Information Gateway**

1-800-349-3366

<https://www.childwelfare.gov/topics/adoption/>

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- Provides information and resources on legal and emotional considerations when thinking about adoption. Includes information for adoption professionals, adopted adults, expectant parents considering adoption, birth parents and relatives, and prospective and adoptive parents on a broad range of adoption topics.

## **Adoption Services, Inc.**

1-800-943-0400 (24 hour hotline)

<https://www.adoptionservices.org/>

- Provides pregnancy counseling and adoption services. Offers information on types of adoptions, types of adoption agencies, assistance programs, and more.

## **Abortion Services**

\*Abortion is legal in the state of Colorado. Some insurance plans cover elective abortions, but many do not. In Colorado, Medicaid will not pay for an abortion unless the patient's health is in danger.

## **Planned Parenthood**

1-800-230-PLAN (7526) or Text PPNOW to 774636

Office locations on page 1 of this document

<https://www.plannedparenthood.org/>

- Offers abortion referrals and procedures at some locations.
  - Ask about financial assistance through the Justice Fund when requesting services.
- Services available in Spanish.

## **Healthy Futures for Women**

303-647-3516

300 E. Hampden Ave. Suite 201 Englewood, CO 80113

<https://healthyfuturesforwomen.com/>

- Hours: Monday – Friday, 8AM – 5PM
- Provides surgical and medication abortion, comprehensive health care after pregnancy, and birth control.
  - Ask about financial assistance when requesting services.
- Services available in Spanish.

## **Mile High Women's Clinic**

303-320-2944

4545 E. 9th Ave. #502, Denver, CO 80220

<https://milehighabortion.com/>

- Hours: Monday – Friday, 9AM – 5PM
- Full-service OB/GYN and abortion center providing medical and surgical abortions.
  - Financial assistance is available for those who qualify. The Freedom Fund can give patients who need it \$125 toward the cost of their procedure. Contact staff to see if you qualify.

## **Comprehensive Women's Health Center**

303-724-8576

<https://cwhccolorado.com/>

- Hours: Monday – Friday, 8:30AM – 4PM
- Provides full spectrum of family planning services, including surgical and medication abortion, comprehensive health care after pregnancy, and birth control.

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- Ask about financial assistance through the Freedom Fund when requesting services.
- Services available in Spanish.

## **Boulder Valley Women's Health Center**

303-442-5160

2855 Valmont Rd. Boulder, CO 80301

82 21st Ave. Suite C Longmont, CO 80501

<http://www.boulderwomenshealth.org/>

- Provides pre- and post-abortion counseling, surgical and medication abortion, and birth control.
  - Ask about financial assistance when requesting services.
- Services available in Spanish.

## **Choix**

858-203-0531

<https://www.mychoix.co/>

- Hours: Monday – Friday, 9AM – 5:30PM MST
- Telemedicine clinic providing reproductive and sexual healthcare to Colorado, California, and Illinois.
  - Services include birth control, emergency contraception, medication abortion, UTI care, and herpes care.

## **Abortion on Demand**

<https://abortionondemand.org/>

- Telemedicine clinic providing medication abortion to patients in Colorado. Pills are mailed via overnight shipping to eligible patients.
  - Patients must be 18 years of age or older, be less than 8 weeks since last period, have a photo ID, and have a positive pregnancy test.

## **National Abortion Federation**

1-800-772-9100

<http://prochoice.org/>

- Provides unbiased information about abortion and other resources, including financial assistance.
  - Includes a find a provider tool at <https://prochoice.org/think-youre-pregnant/find-a-provider/>

## **Exhale**

1-866-439-4253 or send a text to 617-749-2948

<https://exhaleprovoice.org/>

- Provides emotional support, resources, and information to women who have had abortions, as well as partners, friends, and families.
  - Services are also available in Spanish.

## **Connect and Breathe**

1-866-647-1764

<https://www.connectandbreathe.org/>

- Provides unbiased support and encouragement to women who have had abortions, as well as partners, friends, and families.

## **INeedAnA.com**

- Search engine providing up to date information regarding in-person and virtual abortion services near you.