



Youth Activities & Athletics Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

What you need to know about Youth Activities:

- These programs generally offer activities and athletics after school, on the weekends, and during the summer.
- Most also offer discounted rates or financial assistance for the programs.
- Be sure to call or visit the websites given to find out how to register, how to receive financial assistance, and what activities are offered.
- Please contact Navigation if you would like more information about summer camps/activities.

Wheat Ridge Recreation Center

303-231-1300

4005 Kipling Street, Wheat Ridge, Colorado

<https://www.rootedinfun.com/187/Youth-Sports>

- Offers a Reduced Fee Program if receiving Medicaid, LEAP or food stamps. Other programs may qualify individuals for a 25% discount. Need copy of program eligibility and two proofs of residency.
- Swimming, Fitness Classes, Climbing Wall, Sports Leagues, Arts/Crafts, Dance, Cooking, and more. Go to website or call for activity guide.

City of Lakewood Parks and Recreation

303-987-7800

Civic Center South 480 S. Allison Prkwy, Lakewood, CO 80226

www.Lakewood.org/recreation

- Various activities and programs throughout the city of Lakewood for all ages: Arts/crafts, outdoor activities, dance, art, sports, theater, singing, martial arts, boxing, fencing, lifeguard training, diving and more.
- Call or visit website for activity guide (community connections).

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Apex Recreation Center

303-424-2739

13150 W 72nd Ave, Arvada, CO 80005

www.apexprd.org

- Several Centers throughout the Arvada community.
- Arts and Crafts, Tennis, Swimming, Ice Skating, Martial Arts, Soccer, Track and Field, Gymnastics, Dance, Cheerleading, Youth Weight Training, Teen Drop in Center. District residents receive a discount; centers are open to the public.

Gilpin County Recreation Center

303-582-1453

250 Norton Drive, Blackhawk, CO 80422

<https://gilpincounty.colorado.gov/explore-gilpin/parks-and-recreation>

Ages 0-3 are free; Ages 4-17 are \$3 for Gilpin County residents

Jefferson County Public Library

303-235-5275

[Events and Activities | Jefferson County Public Library \(jeffcolibrary.org\)](#) | <http://jeffcolibrary.org>

- Various locations throughout Jefferson County
- List of activities for teens and children available in person and/or virtual.
- Culture Pass: [Culture Pass | Jefferson County Public Library \(jeffcolibrary.org\)](#)

City of Edgewater Parks and Recreation

720-763-3010

2401 Sheridan Blvd., Edgewater, CO 80214

www.playedgewater.com

- Sports, Fitness, Dance at a fee. Pickleball and Gymnasium no fee.

Golden Community Center

303-384-8100

1470 10th Street, Golden, CO 80401

<http://www.cityofgolden.net/play/recreation-attractions/community-center/>

- Basketball, pickleball, weight room, camp/enrichment programs, pool and more.

YMCA

Susan M. Duncan Family YMCA

303-422-4977

6350 Eldridge Street, Arvada, Colorado 80004

Southwest Family YMCA

303-761-7530

5181 West Kenyon Avenue, Denver, Colorado 80236

www.denverymca.org

- Swimming, Gymnastics, Fitness Classes, Kids Club, Sports, camps and more

Boys & Girls Clubs of Metro Denver

www.bgcmd.org

Locations:

J. Churchill Owen Branch 3480 West Kentucky Ave., Denver, CO 80219 303-934-7811	Arthur E. Johnson Branch 3325 W. 16 th Ave., Denver, CO 80204 303-893-8150	O’Connell Middle School Branch 1275 S. Teller St., Lakewood 80232 303-985-0202	The Beach Court Branch 4950 Beach Ct., Denver, CO 80221 720-671-0727
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- Membership is open to boys and girls between the ages of 6 and 18.
- To join, simply visit any of our branches and complete a membership application form. This form must be signed by a parent or legal guardian.
- Activities include sports, fitness programs, arts, health and life skills, technology programs, education and career programs, character and leadership development.
- Cost: \$2/year

Foothills Parks and Recreation

303-409-2100

6612 South Ward Street, Littleton, CO 80127

www.ifoothills.org

- Gymnastics, Swimming, Ice Skating, Arts/Crafts, Climbing Wall, Drama, Sports, Camps, Field Trips and more.

FusBoxe Mixed Martial Arts

720-207-3860

9975 Wadsworth Pkwy Westminster 80021

https://fusboxesambo1.business.site/?utm_source=gmb&utm_medium=referral

- May be able to offer limited scholarship, please call to inquire.

Cub & Boy Scouts

303-455-5522

10455 West 6th Avenue, Suite 100 Denver, CO 80215

www.denverboyscouts.org

- Cub Scouts: Ages 6 to 10, Grades 1 to 5
- Boy Scouts: Ages 11 to 17, Grades 6 to 12
- Programs available
 - Venturing Program: High adventure outdoor activities and real-world leadership experiences. For young men and women, ages 13 to 20, who have completed 8th grade
 - Explorer Program: Activities and one-on-one mentorship opportunities for youth looking to discover their future, ages 14 to 20
 - Sea Scouts
 - Learning for Life/Special Needs Program: Supports inclusion of youth (male and female) with disabilities in all Boy Scouts programming.
 - STEM Scouts
- Troops throughout Colorado, call or go to website for more information

Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

Girl Scouts

303-778-8774, 1-877-404-5708

Corporate office: 3801 E. Florida Ave., Suite 720
Denver, CO 80210

www.girlscoutsofcolorado.org

- For girls in grades K to 12.
- Contact the Denver Service Center at numbers above for information about how to join.

Girls Incorporated of Metro Denver

303-893-4363

1499 Julian St., Denver, CO 80204

www.girlsincedenver.org

- The program focuses on the development of the whole girl. Combination of long-lasting mentoring relationship, a pro-girl environment, and research-based programming.
- Programs may require a nominal membership fee. *Fees are based on a sliding scale* - no girl is ever turned away because of inability to pay.

Colorado UpLift

303-830-6615

400 W 48th Ave #250 Denver Co 80216

<https://www.facebook.com/ColoradoUpLift/>

[Colorado UpLift | Transforming Lives and Communities](#)

- Provides long-term, relational approach support to youth from 2nd to 12th grade
- Five key program areas: In-School, After-School, Adventure, Post-Secondary and Advance Leadership

City Wild

303-227-6862

1620 E. 36th Ave., Denver, CO 80205

www.citywild.org

- Ages 11-18
- Offers various programs that provide experiential and environmental education programs using outdoor activities, including rock climbing, rafting.

National Sports Center for the Disabled

303-293-5711

1801 Mile High Stadium Suite 1500, Denver, CO 80204

www.nscd.org

- Provides a variety of outdoor and sports activities for children, youth and adults with disabilities.

Double Angel Foundation

303-841-2420

www.doubleangel.org

- Scholarship funds available for youth aged 5-18

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Buchanan Park Recreation Center

720-880-1020

1521 Bergen Parkway, Evergreen, CO 80439

<https://www.evergreenrecreation.com/287/Youth-Activities>

- Offers a variety of activities for all ages and youth activities.
- Offers a scholarship-based membership to those who qualify

G.I.R.L.S—Women’s Wilderness Program

303-938-9191

info@womenswilderness.com

1206 Euclid Ave, Boulder, Colorado 80302

<https://womenswilderness.org/outdoor-girls/>

- 5th-12th grade immigrant, refugee, and asylee girls
- Outdoor activities and programs, learning how to build outdoor and leadership skills
- Once a month hike