



2019 Annual Report

A man in a plaid shirt is seen from behind, leaning on a wooden fence. He is looking out over a vast, rolling landscape under a bright, hazy sky, likely at sunset or sunrise. The sun is low on the horizon, creating a warm, golden glow. The landscape consists of rolling hills and valleys, with some trees visible in the distance. The overall mood is peaceful and contemplative.

“ ...we now touch more than 34,000 lives each year with individually tailored mental health care and substance use treatment. ”



Our Vision

A community where **mental health matters** and **care is accessible to all**

Our Mission

To inspire hope, improve lives, and strengthen our community by providing mental health and related solutions for individuals and families.

We Value

People First

Empathy with Excellence

Working together to make life better

Leading the Way

Strengthening Community

Dignity for All



Jefferson Center is the not-for-profit community mental health center serving Jefferson, Clear Creek, and Gilpin counties for 60 years.

About

Jefferson Center

Jefferson Center is the not-for-profit community mental health center serving Jefferson, Clear Creek, and Gilpin Counties for over 60 years. Through our broad array of services and programs, we offer hope and support to people of all ages, who are struggling with some of life's toughest challenges.

Jefferson Center was founded in 1958, when a small group of community leaders recognized the need for mental health services west of Denver. This was an innovative venture in a world where 75% of those diagnosed with a mental illness were sent to hospitals, and those remaining were kept sheltered away in their homes. With just a few thousand dollars, they opened a mental health clinic in the basement of the Jefferson County Courthouse.

Jefferson Center continues to grow, and today, serves nearly 34,000 people a year at over 100 locations throughout the three counties. As an integral part of the counties we serve, thousands of community members who struggle with mental health and substance use disorders now have hope for a brighter future.

Programs and Services

24-hour emergency and crisis

Individual, group and family outpatient counseling

Housing and homeless services

Senior services, outreach and peer counseling

Psychiatric and medication services

Early intervention services

Consumer-run services

Hospital alternative programs

Vocational and skills training

Transitional and supported employment

School-based services

Case management

Advocacy and benefits

Residential programs

Respite care

Suicide prevention

Wellness services

Mental Health First Aid

Withdrawal management

Day treatment

A personal message from Jefferson Center CEO

Dr. Kiara Kuenzler



For more than 60 years, Jefferson Center has fought against the stigma associated with mental health and substance use disorders. We know that when people get the care that they need, they are better able to care for and engage with their families, more successful in work or school, and can find more enjoyment and meaning in their lives.

We are so encouraged by the support of our community partners as they also carry forward the mantle that mental health matters, and together we have made a tremendous impact. More than ever before, we are talking openly and honestly about mental health and substance use challenges, and the number of people coming to our doors is growing as a result.

With our community's support, this past fiscal year Jefferson Center was able to provide care to more than 34,000 people. We have helped individuals and families build tools to cope with mental health challenges and make change in their lives; provided substance use treatment for those who have bravely stepped forward to seek out treatment and recovery; and have offered hundreds of children in our schools more healthy ways to deal with stress, anger, love and other powerful emotions. Jefferson Center is improving the lives of the people that we serve.

Through engagement with community partners, clients, family members and staff, we developed new strategic goals this year aimed at providing excellent and responsive care to those we serve. We're also focusing on being a workplace where our team members can thrive and attracting and retaining exceptional staff. Community partnerships continue to be central to our ability to understand and meet the evolving needs of those we serve, and we're striving to create new partnerships to help us meet the diverse and unique needs of our community. These goals are critical to moving us forward into a new year.

Thank you to our community for your support, advocacy and collaboration. We couldn't do the important work that we do, without you!

Highlights

Creating housing solutions for struggling individuals

People who are chronically homeless suffer from higher rates of mental illness and substance abuse, poor health, and victimization, but access to stable housing can help vulnerable people thrive.

Since 1989, Jefferson Center has been committed to creating housing solutions to support increasingly impacted low income and disabled individuals. Using a housing continuum that includes low-cost apartments, housing vouchers, residential services, two Adult Care Facilities, a Hospital Alternative Facility, and two HUD properties, our Housing Team works to meet every client's unique housing needs.

To help support these needs in the community, Jefferson Center added a Housing Engagement Clinician to our team to provide on-site behavioral health intervention services to residents at our Yarrow Apartment building, as well as upon request at all Jefferson Center owned properties. This position has continued to expand into community-based services to assist individuals experiencing behavioral health symptoms. This includes working with people at a local day shelter to connect them to Jefferson Center services and removing barriers to access they face, such as stigma and transportation.

Amidst a housing crisis in the metro Area, our team has worked hard to expand housing services and develop new partnerships in order to pursue innovative supportive housing models. The Navigation Housing Team has worked to streamline the voucher management process through one team, and partnered with the county to broaden the types of vouchers that are available.

By addressing housing and behavioral health needs together at the same time, Jefferson Center is working to ensure better success in both areas.



600

individuals assisted by the Navigation Housing Team with achieving and maintaining housing

400+

housing vouchers managed and distributed

#1

call to Navigation is for housing resources

Highlights

Removing barriers for newly sober women through recovery housing

For people who are newly sober, recovery housing provides a place where they can continue building a life full of purpose surrounded by others who are pursuing the same goals.

In 2019, Jefferson Center received funding from Signal Behavioral Health Network to operate a 10-bed peer-supported substance-free Women's Recovery Living Community. Structured specifically with women in mind, the new recovery housing is an expansion upon Jefferson Center's existing substance use disorder services helping people recover from substance use disorders and reclaim who they are.

The Women's Recovery Living Community removes barriers to recovery by offering stable housing, positive social connections, and ongoing support for both physical and mental health with the goal of empowering residents to be self-sufficient, healthy, and maintain long-term sobriety.

During its inaugural year, six women in the program obtained stable employment, and one woman was connected with housing following her anticipated discharge.

6

**Women in
Recovery Housing
have become
gainfully employed**



Highlights

Expanded school-based counseling services help youth with mental health

Anxiety and depression in young people is on the rise, and most people living with mental health disorders start experiencing symptoms early in life. When left untreated, these conditions can affect a child's ability to grow and develop.

Through a partnership between Jefferson Center and the school districts in Jefferson, Clear Creek, and Gilpin counties, Jefferson Center provides mental health professionals experienced in family therapy and treatment of children in elementary, middle, and high schools across the districts. By providing therapeutic services based in the schools, we are able to increase access and utilization of mental health services to students and their families.

This last year, Jefferson Center expanded our school-based counseling program to seven new schools, and added new positions to offer bilingual services as well as a group substance use provider. In addition, the school-based team focused on utilizing education in the classroom to improve self-esteem, teach emotion regulation techniques, and help children identify and appropriately express their feelings.

5,430 | students received clinical services

3,841 | students received prevention services



FY 2019 Fiscal Responsibilities & Demographics

33,636 Community Members Served



Audited Revenue & Expense

2019 Revenue

Subcapitated Medicaid Revenue	31,432,426	46.9%
Net Client Service Revenue	10,089,065	15.0%
Pharmacy Revenue	9,618,680	13.4%
State of Colorado	7,832,539	11.7%
Local Government Contracts	644,265	1.0%
Public Support	209,120	0.3%
Other Income	7,215,810	10.8%
Revenue Total	67,041,905	100.0%

2019 Expenses

Personnel	46,256,217	72.0%
Pharmacy	8,685,977	13.5%
Operating	2,927,727	4.6%
Client Related	371,000	0.6%
Occupancy	2,553,828	4.0%
Other Expenses	331,493	0.5%
Professional Fees	224,817	0.4%
Donated Items	57,237	0.1%
Gain (Loss) (Reserves)	2,816,804	4.4%
Expense Total	64,225,100	100%

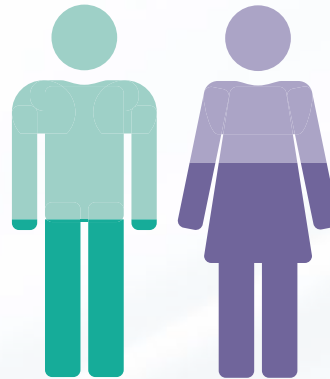
Client Admissions Data



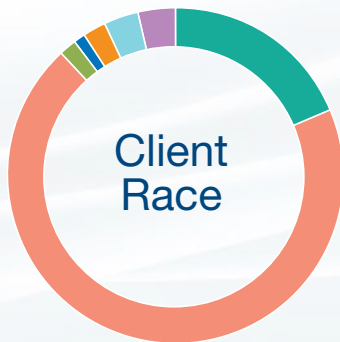
- 64% Not Hispanic / Latino
- 19.5% Hispanic or Latino
- 16.5% Unknown / Declined to Answer



- 6.5% Under 10
- 24.4% 10 to 19
- 14.6% 20 to 29
- 17.4% 30 to 39
- 12.9% 40 to 49
- 12.1% 50 to 59
- 8.3% 60 to 69
- 3.6% 70 and Over



- 42.1% Male
- 57.9% Female



- 1.7% American Indian / Native Alaskan
- 1.1% Asian/Pacific Islander
- 2.3% Black/African American
- 3.5% More than one Race
- 3.4% Other
- 18.6% Unknown / Declined to Answer
- 69.4% White

Events

Annual Spring Gala

Jefferson Center's annual spring gala brings together community supporters to enjoy an evening of celebration and entertainment. All proceeds help fund critical programs and services. In recent years, our sponsors have supported suicide prevention, school-based services for kids most in need, care for our veterans, community education through Mental Health First Aid, and lifesaving substance use treatment.



Putt Your Stuff Miniature Golf Tournament

For ten years, employees, clients, families, and supporters of Jefferson Center came together for a fun evening of miniature golf, barbecue, and prizes at our miniature golf tournament, Putt Your Stuff.



Helping Kids Thrive Parent Conference

Helping Kids Thrive is an incredibly popular parenting conference that offers practical tools, skills, and information for parents, families, caregivers, or anyone who works with children, from toddlers to teens.

The conference receives rave reviews from attendees and sells out the same day registration opens. Sponsors of Helping Kids Thrive help to offset the expenses of putting on this event so that we may continue to offer it free of charge to parents and caregivers in our community.



Mental Health First Aid Community Training

Jefferson Center is committed to educating our community and busting the stigma associated with mental illness through our free Mental Health First Aid (MHFA) trainings. MHFA is an innovative, 8-hour course designed to give anyone the tools to recognize a range of mental health and substance use problems, and the skills and confidence to help someone in crisis. The program provides a concrete action plan to help connect people with appropriate professional, peer, and self-help care.



*Help us reduce
mental health
stigma and build
an empowered
community!*

Thank You!

Without the financial support of our community, many of the mental health and substance use treatment programs and services we provide would not be available to the people who truly need them. We would like to thank the following community sponsors and funders for supporting Jefferson Center this year. Their donations were critical in allowing us to reach record numbers of people and remain on the cutting edge of mental health and substance use treatment innovation.

We couldn't have done it without you!

Government and Foundation Funding

Alan Green Memorial Foundation

ALPS

The Ben and Lucy Ana Fund of the
Walton Family Foundation

Arvada Police Department

Aurora Mental Health Center

Aurora Vistas Foundation

Buell Foundation

Caring for Colorado Foundation

City of Arvada

City of Westminster

City of Wheat Ridge

Colorado Behavioral Healthcare Council

Colorado Department of Corrections

Colorado Department of Human Services

Colorado Department of Local Affairs

Colorado Department of Public Health
and Environment

Colorado Division of Vocational Rehabilitation

The Colorado Health Foundation

Community First Foundation

Denver Regional Council of Governments

Dora & Emanuel Ciner Foundation, Inc.

Energy Outreach Colorado

Enterprise Community Partners, Inc.

The Forest Heights Lodge Fund

Frank A. O'Neil Family Foundation

Gilpin County

Jefferson County Department of
Human Services

Jefferson County Sheriff's Office

NextFifty Initiative

The Piton Foundation at Gary Community
Investments

Rose Community Foundation

Signal Behavioral Health Network

Substance Abuse and Mental Health
Services Administration

Walmart Foundation

Corporate Supporters and Event Sponsors

1313 A Salon	Dave's Used Cars	O'Brien, Thomas and Bibik, LLC
A&B Builders	Developmental Disabilities Resource Center	Pietra's Pizzeria
A&K Appliance Distributing	Dilley Printing	Rheinlander Bakery
AIG Retirement Services	DST Systems Inc., Matching Gifts Program	Rockmont Envelope
Allen's Heating, Air Conditioning & Sheet Metal, Inc.	Fastsigns of Arvada	Rotary Club of Golden
AllHealth Network	FirstBank	Rozeboom & Company
Alpha & Omega Landscapers	Greiner Electric	RSS Insurance Services
Amazon Smile	Hispanidad	SCL Health Lutheran Medical Center
American Legion Post 111	Hudson Grove Property Management	Security Central, Inc.
Arvada Chamber of Commerce	IMA Financial Group	Seniors' Resource Center
Aurora Mental Health Center	Jake Lilly, Attorney	Sherman & Howard, LLC
BBVA Compass	Jeffco Public Schools	Signal Behavioral Health
Benevity Causes	Jefferson County PTA	Sooper Credit Union
BKD CPAs & Advisors	Jefferson Unitarian Church	Source Office & Technology
Boulder Associates	KTK General Contracting	Southwest Lock & Safe
Camel Water Treatment	Mathnasium of Littleton	STRIDE Community Health Center
Carin' Clinic	MedKeeper	The Chateaux at Fox Meadows
Carrie Kollar Law	NAMI Jeffco	The Colorado Trust
City of Wheat Ridge	Netsmart Technologies	Tolin Mechanical
Citywide Banks	Network for Good	West Metro Chamber
Colorado Business Bank	New Image Brewing Company	Westerra Credit Union
Colorado Community Health Alliance	New West Physicians - Applewood Internal Medicine	Westminster Medical Clinic
Community First Foundation	Noble Energy	Xcel Energy Foundation
CREAM Belmar		

Donate

As a nonprofit organization, Jefferson Center relies on the financial support of our community to remain innovative and responsive to emerging mental health needs. Give a tax-deductible gift to Jefferson Center today and help support behavioral health services for community members who are uninsured or lack adequate coverage for treatment.

Volunteer

Many of our programs benefit from the commitment and contribution of our volunteers. Make a difference in the lives of others with a gift of your time and talent. For more information on ways to get involved, or to talk about your goals for supporting Jefferson Center, contact **Julie DiTullio at 303-432-5644 or JulieD@jcmh.org.**

Host a Presentation

As a part of our commitment to mental health education and outreach, Jefferson Center provides free presentations designed to raise awareness and decrease stigma that surrounds mental health and substance use disorders. Tailored to the specific needs of organizations and other audiences alike, our clinicians provide engaging presentations on a wide variety of mental health topics. If you're interested in hosting a presentation for your business, school, church, or community group, contact **Melissa Strohfus at 303-432-5156 or MelissaS@jcmh.org.**

Executive Management Team 2018-2019

Kiara Kuenzler

President and CEO

Lenya Robinson

Chief Operating Officer

David Goff

VP, Administration, and CFO

Jeanne Oliver

VP, Marketing and Development

Don Bechtold

*VP, Healthcare and Integration,
and Medical Director*

Dan Fishbein

*VP, Business Development &
Systems Management*

John Talbot

VP, Corporate Strategy

Will Walser

VP, Information Systems, and CIO

Jefferson Center Board of Directors 2018-2019

Diane, Messamore, Chair

Helen Story, Vice Chair

Jerry Oksner, Secretary

Janice Fleming, Treasurer

Lesley Dahlkemper

Mark Dietel

Jonathan Gordon

Chad Holtzman

Linda Isenhardt

Lynn Oliver

Helen Peoples

Larry Renoe

Elisabeth Suarez

Scott Thompson

Sean Wood

John Zabawa

Jefferson Mental Health Foundation Board of Directors 2018-2019

Lynn Oliver, Interim Chair

Shirley Thomas, Vice Chair

Lorraine Bowen, Secretary

S. Matthew Cornwell II, Treasurer

**Kiara Kuenzler, Psy.D., Ex-Officio/
Executive Director**

Leslie Hughes

Lori Lyons

Tom Olbrich

Helen Peoples

Al Sahlstrom

Rita Schnidt

Sean Wood

Ways to Support Jefferson Center

1 STAY IN THE LOOP!



Sign up for Jefferson Center emails & stay up to date on current news.

4 VOLUNTEER

Make a difference in the lives of others with a gift of your time and talent.



7 JOIN THE POLICY ACTION NETWORK

Connect with elected officials and other decision makers to improve the lives of community members.



2

♥ DONATE

Give a tax-deductible gift to support mental health and substance use services at Jefferson Center.

5

ATTEND AN EVENT

Show your support at an event that speaks to you – Our Annual Gala, Helping Kids Thrive Parent Conference + more!



8



START A FUNDRAISER

In place of gifts this year, start your own fundraiser and dedicate a celebration (birthday, holiday, anniversary, etc.) to Jefferson Center. Facebook and ColoradoGives make it easy!

3



GET CERTIFIED IN MENTAL HEALTH FIRST AID

Learn to recognize a range of mental health and substance use disorders and gain the skills and confidence needed to help someone in a mental health crisis.

6 HOST A PRESENTATION



Have a Jefferson Center clinician come and present on a mental health topic of interest to your business, school, church, or community group.



Many Convenient Locations, One Convenient 24-Hour Phone Number.

Local: **303-425-0300** • Toll Free: **1-800-201-5264** • TDD Hearing Impaired: **303-432-5540**

Crisis & Recovery Center

4643 Wadsworth Boulevard
Wheat Ridge, CO 80033

Independence Office and Administration

4851 Independence Street
Wheat Ridge, CO 80033

Alameda Office

5801 West Alameda Avenue
Lakewood, CO 80226

Jeffco Family Health Services

7495 W. 29th Street
Wheat Ridge, CO 80033

Jefferson Plaza Office

3595 S. Teller Street
Lakewood, CO 80235

South Office

9200 West Cross Drive, Suite 421
Littleton, CO 80123

West Colfax Office

9485 West Colfax Avenue
Lakewood, CO 80215

Union Square Health Plaza

12055 West 2nd Place
Lakewood, CO 80228

Evergreen Mountain Office

31207 Keats Way
Evergreen, CO 80439

Gilpin Mental Health Services

101 Norton Drive
Black Hawk, CO 80422

North Wadsworth Office

7828 Vance Drive
Arvada, CO 80003

Mountain Resource Center

11030 Kitty Drive
Conifer CO 80433

Clear Creek Office

1531 Colorado Boulevard
Idaho Springs, CO 80452

