



Anger Management Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

Online Search Tools

www.psychologytoday.com

www.goodtherapy.org

- Individuals are able to search for therapists and medication providers and narrow searches by location, insurance type, services offered, and provider specialties.

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Anger Management Services for Adults

The Conflict Center

303-433-4983

4140 Tejon Street, Denver, CO 80211

<https://conflictcenter.org/programs-training/adults/>

- Classes for adults that provides a variety of skills and techniques to manage anger when conflict arises.
- Class prices range from \$99 - \$200, payment plans available
 - A 50% discount is automatically applied for anyone who receives some form of government or social assistance

Course for Anger

<https://courseforanger.com/states/CO>

- Course For Anger provides access to the anger management class, an educational program that may be required in the state of Colorado by the court, a legal order, a legal representative, a parole or probation officer, an employer, or other entity.

Creative Treatment Options

303-467-2624

1410 Vance St, Suite 204, Lakewood

<http://creativetreatmentoptions.com/>

- Offers 12- and 24-week programs for voluntary and involuntary clients.
- Sliding scale fee available. Accepts Medicaid.

Denver Anger Management

303-933-5800

7200 E. Hampden Ave., Suite 205, Denver, Colorado | 6901 S. Pierce St., Suite 235, Littleton, Colorado

www.denverangermanagement.com

- Offers 12-session weekly anger management groups and court ordered anger management
- New clients must complete a 30-minute initial intake session
- Initial intake: \$60, course book: \$30, cost is \$45 per class for ten 90-minute classes

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Institute for Specialized Alternative Education (ISAE)

888-565-1900

850 E 73rd Ave Suite #1A Denver, CO 80229

<https://www.isaeonline.com/calendar/?upcoming-events/isae/18/conflict-intervention-program>

- The Conflict Intervention Program is designed for those individuals and families looking for court ordered anger management classes in Colorado. ISAE can help adults who struggle with anger, self-control, or violent behaviors.
- Virtual classes cost \$145

Intrepid Mental Wellness, PLLC

719-505-4404

1776 S. Jackson St., Suite 901-2, Denver, CO 80210

<https://www.intrepidmentalhealth.com/services/anger-management>

- Offers therapy services for anger management
- New patient evaluation: \$300, 30 minute follow up: \$150, 60 minutes follow up: \$150
 - Does not accept Tricare or Medicaid

Iipseity Counseling Clinic

720-507-8170

300 S. Jackson St. Suite 200 Denver, CO 80209

<https://ipseitycounselingclinic.com/anger-management-denver/>

- Offers individual therapy and groups for anger management for children and adolescents
- A 30-minute consultation is required to join our anger management group. The fee is \$65.
- Fees range from \$115 – \$200 per individual session, anger management groups are \$50 per group.

National Institute for Change

303-231-0990 ext. 0

3225 S Wadsworth Blvd, Unit T, Lakewood, CO 80227

<http://nichange.com/programs/therapeutic-adult-services/>

- Offers anger management groups, call or complete enrollment form online for availability and pricing

NCTI Colorado

303-455-3553

8471 Turnpike Dr. #135 Westminster, CO 80031

<https://ncticolorado.com/classes-enroll/>

- Offers a 6-week anger management course and court ordered anger management
- Cost is \$300 per course

Sharon Newhof Counseling

720-394-0511

7475 W 5th Ave, Suite 304, Lakewood, CO 80226

<http://www.sharonnewhof.com/>

- Provides an 8-week group for anger management
- Cost is \$50 per session which includes all worksheets

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Anger Management Services for Youth

Believing in Kids and Families

303-794-7008

5921 S Middlefield Drive, Suite 102, Littleton, CO 80123

www.bikaf.com

- Offers therapy services for emotional regulation/dysregulation (anger management, depression, anxiety)
- The average session cost for self-pay clients or out-of-network clients is \$100-\$120
- Accepts Aetna, Beacon Health, Anthem/Blue Cross Blue Shield, Cascade EAP, Cigna, Magellan, & United

The Conflict Center

303-433-4983

4140 Tejon Street, Denver, CO 80211

<https://conflictcenter.org/programs-training/youth/>

- Offers a 5-week, 10-hour restorative parenting course (\$180 per course)
- Provides Rethinking Conflict classes for youth ages 11-17 years of age.
- Parent/guardian is required to attend a couple of the classes as well.
- Class cost is \$200, payment plans available
 - A 50% discount is automatically applied for anyone who receives some form of government or social assistance

Institute for Specialized Alternative Education (ISAE)

888-565-1900

850 E 73rd Ave Suite #1A Denver, CO 80229

<https://www.isaeonline.com/calendar/?upcoming-events/isae/18/conflict-intervention-program>

- The Conflict Intervention Program is designed for those individuals and families looking for court ordered anger management classes in Colorado. ISAE can help teens and their parents who struggle with anger, self-control, or violent behaviors.
- Virtual classes cost \$145

Iipseity Counseling Clinic

720-507-8170

300 S. Jackson St. Suite 200 Denver, CO 80209

<https://ipseitycounselingclinic.com/anger-management-denver/>

- Offers individual therapy and groups for anger management for children and adolescents
- A 30-minute consultation is required to join our anger management group. The fee is \$65.
- Fees range from \$115 – \$200 per individual session, anger management groups are \$50 per group.

NCTI Colorado

303-455-3553

8471 Turnpike Dr. #135 Westminster, CO 80031

<https://ncticolorado.com/classes-enroll/>

- Anger management/conflict management classes offered in locations through the Metro area and online for youth ages 11 to 15
- Also offers classes for petty theft, substance use and others.