



Dementia Caregiver Support Groups

Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

Arvada

Arvada United Methodist Church
6750 Carr St., Arvada, CO 80004

- This group meets the 4th Friday of every month from 9 to 10:30 am, except November and December (call to confirm meeting times for these months due to the holidays)
- Facilitated by the Alzheimer's Association. Registration preferred but not required. For more information, contact 800-272-3900 or 303-813-1669

Standley Lake Library
8485 Kipling St., Arvada, CO 80005

- This support group meets the 3rd Friday of every month from 1:00 to 2:30 p.m.
- Facilitated by the Alzheimer's Association. Registration preferred but not required. For more information, contact 800-272-3900.

Broomfield

Broomfield Community Center: Bronze Room
280 Spader Way, Broomfield, CO 80020

- This support group meets on the 3rd Tuesday of every month from 10:00 to 11:30 a.m.
- Facilitated by the Alzheimer's Association. Registration preferred but not required. For more information, contact 800-272-390

Lakewood

Carmel Oaks Senior Living
1811 S. Harlan Circle, Lakewood, CO 80232

- In-person group every 3rd Wednesday from 3:00 - 4:00 pm
- Facilitated by the Alzheimer's Association. Registration preferred but not required. For more information, contact 800-272-390

Lakewood Public Library
10200 W. 20th Ave., Lakewood 80215

- Hybrid group meets on the 1st Saturday from 1:00pm-3:00pm
- Facilitated by the Alzheimer's Association. Registration preferred but not required. For more information, contact 800-272-390

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Littleton

South Suburban Christian Church
7275 S. Broadway
Littleton, CO 80122

- This group meets on the 2nd Wednesday of each month from 7:00-9:00pm.
- Facilitated by the Alzheimer's Association. Registration preferred but not required. For more information, contact 800-272-3900.

Westminster

Covenant Village: Westminster
9153 Yarrow St
Westminster, CO 80021

- This support group meets on the 3rd Thursday of every month from 10:00 to 11:30 a.m.
- Supervised care available during group.
- Facilitated by the Alzheimer's Association. Registration preferred but not required. For more information, contact 800-272-3900.

Additional Support Groups

Please visit the [Alzheimer's Association](https://www.alz.org) website and click the purple button “**See the full list of support groups**” to identify Dementia caregiver support groups in other Colorado cities. You will be directed to a PDF document with all active support groups offered in Colorado.