



Food Resources Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

What is a food bank?

- Food banks are often non-profit, charitable organizations that distribute food to those in need.
- Some food banks will only serve those living within a certain area, such as a city or county. Other food banks have no residency requirements. Many, but not all, food banks require an ID, and some require other documentation, such as a piece of mailing.
- *It is important to call before showing up to verify that the information has not changed.*

Hunger Free Colorado

720-328-1284 or 1-855-855-4626

1355 S Colorado Blvd

Suite 201

Denver CO, 80222

www.hungerfreecolorado.org

- Referrals to food resources and information
- Spanish speaking available
- Monday through Friday 8:00 am – 4:30 pm

Arvada

Community Table

303-424-6685

8555 W 57th Ave, Arvada, CO 80002

www.cotable.org

- Offers emergency food assistance to individuals living within the following catchment area: 26th St on the South, 120th Ave on the North, Sheridan Blvd on the East, and Hwy 93 on the West
- Individuals and families are eligible for this program 12 times per year.
- Walk in Hours:
 - Must bring ID and proof of address post-marked within the last 30 days.
 - Income guidelines: <https://cotable.org/get-help/tefap/>
 - Pantry hours:
 - Monday, Tuesday, Friday from 12:00 pm to 3:45 pm
 - Wednesday from 12:00 pm to 5:45 pm (closed the 2nd Wednesday of every month)
 - Thursday from 10:00 am to 3:45 pm
 - *Pantry may close early due to high client volume*

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Agape Life Church

303-431-6481

5970 W 60th Ave, Arvada, CO 80003

<https://agapelife.org/outreach/>

- Provides emergency food assistance (TEFAP) and food pantry assistance.
- Walk in services for TEFAP and an appointment must be made for food pantry assistance.
- Call church office Tuesday-Friday to schedule pick-up for Tuesdays between 1-2pm
- Must be a resident of Colorado and fall within income guidelines

The New Apostolic Church Food Pantry

720-722-3663

5290 Vance St., Arvada CO 80002

<http://www.nac-denver.org/foodpantry.html>

- Food pantry available to walk-ins, no restrictions apply.
- Available Wednesdays, 9:00am-11:00am in the rear entrance

Ralston Creek Church

303-421-1373

8270 W 80th Ave

Arvada, CO 80003

www.ralstoncreekchurch.com

- Food pantry and donation site
- Food pantry open Saturdays 9:45am, no restrictions apply.

Lakewood**Mean Street Ministry**

303-232-2500

1380 Ammons St, Lakewood, CO 80214

<https://www.meanstreetministry.org/services>

- Food Café Monday-Thursday 8:30-12pm
- Food bank available Tuesday and Thursday 8:30-12:30pm

Bank of the Rockies – Mobile Food Pantry

303-371-9250

13300 West 6th Avenue Golden Colorado 80401

www.foodbankrockies.org

- 1st Saturday of every month 2-4pm
- Walk up service, first come first serve
- There are no eligibility requirements.
- Individuals are encouraged to bring their own boxes or bags to take food home in.
- Located in the parking lot at Arbutus and 6th Ave service road.

David Clifton Ministries

303-893-8363

1533 Glen Ayr Drive, Lakewood, CO 80215

www.theworldforjesus.net

- Offers food boxes Fridays at 6:30pm

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Action Center

303-237-7704 (Appointments for Food Bank)

8745 W 14th Ave, Lakewood, CO 80215

www.theactioncenterco.org

- Self-Select Grocery – Available once every 14 days – Appointments available starting at 9am and last appointment is at 3:45pm on Monday, Tuesday, Thursday, and Friday
 - Walk-up food bags are pre-packaged and provided as needed. No appointment needed.
- Eligibility:
 - Must reside in Jefferson County
 - Must provide a photo ID and proof of Jefferson County address (exception for individuals who are homeless) and birth certificates for children.

River Church – Shepherd’s Pantry

303-548-9077

220 S. Yarrow St, Lakewood, CO 80226

<https://riverchurchmovement.org/ministries>

- Open every 3rd Saturday of the month from 9am to 11am. Need proof of residence and ID.
- Breakfast provided.

Belmar Baptist Church

303-986-5500

460 S. Kipling, Lakewood, CO 80226

<https://www.belmarchurch.com/foodbank>

- Food bank is open each Thursday from 6:30pm–8:30pm. (Doors open at 5:30)
- Photo ID requested (not required)
- All services are FREE

Grace Covenant Church – Grace’s Grocery

303-988-7505

10101 W. Mississippi Avenue, Lakewood CO, 80226 South Building

<https://www.gcclakewood.org/ministry/graces-grocery>

- 3rd Thursday of each month from 6pm – 7:30pm

St. Paul’s Episcopal Church

303-233-4991

9200 W. 10th Ave, Lakewood 80215

<https://www.stpaulslakewood.org>

- Free food boxes
 - Food Bank of the Rockies mobile pantry | 1st and 3rd Wednesday of every month | 9am-11am
 - St. Paul’s Eiber Eats curbside pickup | 2nd and 4th Wednesday of every month | 5:15pm-6:15pm

Wheat Ridge

The Hub

303-982-2198

Stevens Elementary 7101 West 38th Ave., Wheat Ridge, CO 80033

<https://sites.google.com/jeffcoschools.us/the-hub/home>

- ****Only available to families with a child enrolled in Wheat Ridge schools****
- Monday through Wednesday 8:00 am – 9:00 am and 3:00 – 3:45 pm

jcmh.org | 303-425-0300

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Golden

Christian Action Guild

303-279-5674

1401 Ford St, Golden, CO 80401

<https://www.goldencag.org/>

- Provides food for individuals and families living in Golden (Zip codes: 80401 and 80403)
 - Must complete a CAG application (on website)
- Documentation Requirements:
 - Must have valid photo ID
 - Proof of custody of any minors being claimed on the application
 - Current of proof address.

Christ the Answer Church - His Provision

303-279-3663

705 Ulysses St., Golden, CO 80401

<http://www.goldencares3c.org/organizations/name/his-provisions/>

- Weekly food bank pick-up
- Call for more information

Calvary Church Golden

303-279-2188

1320 Arapahoe St, Golden, CO 80401

<https://www.calvarygolden.net/need-help>

- Offers resources to individuals and families residing in the 80401 and 80403 zip codes
- Has a food bank (Calvary Food Shelf) that can be visited once a week. Also provides \$10 gift cards to Safeway or King Soopers.
 - Must bring ID and a piece of mail with their name and current address as proof of residency.
- Golden Rescue Fund
 - Offers assistance with gas cards, bus tickets, travel bags of food, and emergency prescriptions

Littleton

Mosaic Church

303-936-1712

12472 W Belleview Ave, Littleton, CO 80127

<https://www.welcometomosaic.com/>

- Food bank is open Mondays 5:00pm-7:00pm, Wednesdays from 10:00 am to 12:00 pm and Thursdays from 2:30 pm to 4:30 pm.
 - Call to inquire about eligibility requirements

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Mountain Communities

Mountain Resource Center

303-838-7552

11030 W Kitty Drive, Conifer, CO 80433

www.mrcco.org

- Free groceries once a week
- Food pantry hours:
 - Monday – Thursday 1:00pm – 3:45pm
- Mobile food distribution
 - Monday, 12:00 PM to 1:00 PM
 - Green Ridge Meadow Apartments, 31250 John Wallace Rd#108, Evergreen, CO 80239
 - Monday, 1:30 PM to 2:30 PM
 - El Rancho Apartments, 1055 El Rancho Rd, Golden, CO 80439
 - Monday, 3:00 PM to 4:00 PM
 - Eudaimonia (Parking Lot), 4471 Parmalee Gulch Road Indian Hills, CO 80454
 - Wednesday, 12:00 PM to 1:00 PM
 - Rainbow Roundup Trout Ranch, 32234 Fishpond Way, Pine CO 80470 (Near Shaffer's Crossing)
 - Wednesday, 1:30 PM to 2:30 PM
 - Bailey Community Center, 83 Main Bailey, CO 80421
 - Wednesday, 3:30 PM to 4:15 PM
 - Aspen Ridge Church, 27154 N. Turkey Creek Road, Evergreen, CO 80439

Food Bank of the Rockies – Mobile Food Pantry

303-371-9250

440 Powder Run Drive, Central City, CO 80427 (Gold Mountain Village)

www.foodbankrockies.org

- Hours: 3rd Tuesday of the month, starting at 11:00 am
- Walk up service, first come first serve
- There are no eligibility requirements.
- Individuals are encouraged to bring their own boxes or bags to take food home in.

Gilpin County Department of Human Services

720-432-6120

101 Norton Dr Black Hawk, CO 80422

<http://gilpincounty.colorado.gov/departments-offices/human-services>

- Food bank available to Gilpin County residents on Thursdays from 1:30 pm to 3:45 pm.

Loaves and Fishes

303-567-4450

545 Hwy 103/Chicago Creek Rd Idaho Springs, CO 80452

www.loavesandfishesco.net

- Thursdays 11:00 am to 4:00 pm and Fridays 11:00 am to 4:00 pm.
- Serves Gilpin & Clear Creek Counties

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Evergreen Christian Outreach

303-670-1796

27888 Meadow Dr Evergreen, CO 80439

<https://evergreenchristianoutreach.org/>

- Hours:
 - Monday: 10 am – 6:00 pm
 - Tuesday – Thursday: 10:00 am – 4:00 pm
- Serves Evergreen, Conifer, Kittridge, Idledale, Morrison, Bailey, Lookout Mtn, Indian Hills, North side of Shaffer's Crossing.
- Call for an appointment.

Denver County

Senior Support Services

303-832-1622

846 E 18th Ave, Denver, CO 80218

<http://www.seniorsupportservices.org/>

- Provides food assistance and emergency food banks along with other services to homeless seniors ages 55 and older.
- Meals provided Monday-Friday 11-1pm

FISH of East Denver

303-234-5283

<http://www.fishofeastdenver.org/>

- Call Monday/Wednesday/Friday from 8-11am to schedule free food delivery
- Delivers to the same household no more than once every 30 days
- Live in east Denver. We deliver to most locations in east Denver, including: – All of these ZIP codes: 80202, 80203, 80205, 80206, 80207, 80209, 80210, 80218, 80220, 80222, 80224, 80230, and 80246. – Part of these ZIP codes: 80216, 80231, 80238, and 80247. Our delivery boundaries are East of Broadway, South of I-70, West of Yosemite, and North of Hampden.
- Delivery service only.

The Gathering Place – Drop in Center

303-321-4198

1535 High St, Denver, CO 80218

www.tgpdenver.org

- Provides daily meals, and emergency food along with other resources.

Salvation Army

303-295-3366

Various locations

www.imsalvationarmy.org

- Provides a three-day food box once every 30 days to individuals in their service area
 - Call to confirm if you're within their service area.

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Jewish Family Services

303-597-5000

3201 S Tamarac Drive, Denver, CO 80231

www.jewishfamilyservice.org

- Hours: Tuesday, Wednesday, Friday: 10:00 am to 1:00 pm
- Registration required at first visit – can visit two times a month
- Clients must provide ID, proof of address and proof of income.
- Mobile Pantry schedule available online
- Income guidelines: 200% Federal Poverty Level
 - [The Emergency Food Assistance Program - Income Limits](#)

Metro Caring

303-860-7200

1100 E 18th Ave, Denver, CO 80218

www.metrocaring.org

- Fresh Food Market can be used once per month
 - Appointments must be made for food shopping
 - To make an appointment, call 303-860-7200 or create an account on the website to make an appointment.
- Don't have an appointment? Walk in during open market hours to receive a prepackaged emergency bag, up to twice per month.

Community Ministry of SW Denver

303-935-3428

1755 S. Zuni St. Denver (South of Florida Ave on S. Zuni)

<http://www.comministry-denver.org/>

- Will provide services to anyone in the Denver Metro area. However special programs are reserved for residents living in the 80204, 80219, 80223, 80236 and 80227 (Denver County) zip codes and people referred by one of our partner churches.
- Hours: (Must arrive 30 minutes prior to closing to receive services)
 - Monday, Wednesday, and Thursday from 10am to 1:00 pm, Tuesday from 1:00 pm to 4:00 pm, Wednesday from 5:30 pm to 7:30 pm
- Must bring documentation of everyone in household, ID, and piece of mail with address that is postmarked within the last 30 days to verify address.

Food Not Bombs Denver

22nd and Stout St, Denver, 80205

fnbdenver@protonmail.com

- Volunteers cook and serve free, hot food every Sunday starting at 3PM until they run out.
- They also provide harm reduction supplies, clothing, propane, and other gear to support individuals and families experiencing homelessness (supplies vary depending on donations, drives, etc.)
- No registration or documentation needed.

Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

Other Counties

Centennial Elementary School Mobile Food Pantry

303-652-3663

13200 Westlake Drive, Broomfield, CO 80020

<https://communityfoodshare.org/get-food/services-we-provide/mobile-pantries/>

- For individuals and families residing in Broomfield and Boulder Counties; ID and proof address required
- Food bank is available the 2nd and 4th Wednesday of the month from 2:30 pm to 4:00 pm.
 - Please check the online calendar or call to confirm dates and times.

Catholic Charities – Little Flower Center

303-360-9686

11149 E 14th Ave, Aurora, Co 80110

<https://ccdenvver.org/food>

- Provides emergency services include food, clothing, and referrals to other resources.
- Eligibility
 - Must be living in Aurora, Montebello, and Green Valley Ranch communities
 - Must bring photo ID of all adult members of the household, proof of address, and verification of all household members (i.e., birth certificate, school record, immunization record, etc.)
- Hours: Monday, Wednesday, and Thursday 9:30 am – 3:00 pm
 - For Seniors: Second Mondays of the month is for Senior food assistance

Senior Hub – Emergency Food Bank

303-426-4408

10190 Bannock Street Northglenn, CO 80260

www.seniorhub.org

- Offers emergency food assistance for individuals 55 years and older and reside in Adams County.
- Appointments only

Aurora First Seventh Day Adventist Church

720-680-2010

11400 E Mississippi Ave, Aurora, CO 80012

<https://aurorafirstco.adventistchurch.org/>

- Call to confirm that you're living in the service area (limited to Arapahoe and Denver Counties)
- Food bank on 3rd Sunday of the month from 10:00 am to 1:00 pm. By appointment only.

Growing Home

303-426-0430

3489 W. 72nd Ave. #112, Westminster, CO 80033

www.growinghome.org

- Food pantry is open every morning from 10am-12 noon Tuesday through Saturday
- Offers a three-day supply of food. Offers diapers and hygiene products when available.

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Homebound Resources

FISH of East Denver

303-234-5283

<http://www.fishofeastdenver.org/>

- Call Monday/Wednesday/Friday from 8-11am to schedule free food delivery
- Delivers to the same household no more than once every 30 days
- Live in east Denver. We deliver to most locations in east Denver, including: – All of these ZIP codes: 80202, 80203, 80205, 80206, 80207, 80209, 80210, 80218, 80220, 80222, 80224, 80230, and 80246. – Part of these ZIP codes: 80216, 80231, 80238, and 80247. Our delivery boundaries are East of Broadway, South of I-70, West of Yosemite, and North of Hampden.
- Delivery service only.

Meals on Wheels – Volunteers of America

Jefferson, Adams, Arapahoe, Denver, Gilpin, Clear Creek, or Douglas Counties: 303-294-0111

<http://www.voacolorado.org/gethelp-denvermetro-foodnutrition-mow>

- Delivers meals to elderly (60+) and homebound individuals.
- There is no charge for the meals, but individuals who receive Meals on Wheels are asked to contribute what they can afford toward the cost of the meals. However, no one is denied service because of an inability to make a contribution.

Project Angel Heart

303-830-0202 or 1-800-381-5612

<https://www.projectangelheart.org/>

- Free, home delivered meals for persons living with life-threatening illnesses to the Metro Denver area and Colorado Springs. Meals are tailored to meet each client's nutritional needs.
- Call for application and further information. Physician's referral needed.
- Eligibility: Life-threatening illness plus factor of limited mobility. Proof of income is required but does not impact eligibility.

Benefits in Action

720-221-8354

12157 W Cedar Dr Suite 100, Lakewood, CO 80228

<https://www.benefitsinaction.org/food-delivery>

- Food pantry available on-site as well as delivery options to those in the Denver Metro area. Foods available include both perishable and fresh foods.
- Please call ahead or complete their online form to register for in-person or delivery options

Meal Resources

David Clifton Ministries

303-893-8363

1533 Glen Ayr Drive, Lakewood, CO 80215

www.theworldforjesus.net

- Offers food boxes and hot meals for individuals experiencing homelessness
- Food Boxes are available on Friday night Bible Study at 6:30pm.

Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

Bethlehem Lutheran Church – The Table

303-238-7676

2100 N Wadsworth Blvd, Lakewood, CO 80214

<https://bethlehedenver.com/thetable/>

- Provides a free hot meal on Thursday nights at 6:00pm.

The Gathering Place – Drop in Center

303-321-4198

1535 High St, Denver, CO 80218

www.tgpdenver.org

- Provides daily meals, and emergency food along with other resources.

Same Café

720-530-6853

2023 E Colfax Ave, Denver, CO 80206

www.soallmayeat.org

- Hours: Monday - Friday: 11:00 am to 2:30 pm
- Individuals can pay what they can for meals or provide volunteer service in exchange for a meal.

Urban Outreach Denver

720-989-1827

608 26th Street, Denver, CO 80205

www.lovedenver.org

- Has a free community dinner once a week, call for details

Denver Rescue Mission

303-294-0157

2222 Lawrence St, Denver, CO 80205

www.denverrescuemission.org/location/lawrence-street-community-center

- Breakfast and lunch provided seven days a week
 - Dinner provided to men staying in the shelter
- Individuals must be 18 or older, children may accompany an adult.
 - Must obtain a Denver Rescue Mission ID card

Christ's Body Ministries – Drop in Shelter

303-860-1272

850 Lincoln St, Denver, CO 80203

www.christsbody.org

- Drop in shelter that provides meals as well showers, laundry, and haircuts.
- Food is served Tuesday – Thursday 10:00 am to 1:00 pm, Friday 8:30 am – 1:00 pm, and Saturday 7:00 pm – 8:00 pm

Volunteers of America – Lawrence Street

303-295-2165

2877 Lawrence St, Denver, CO 80205

www.voacolorado.org/gethelp-denvermetro-foodnutrition-themission

- Provides hot meals and sack lunches to homeless individuals and families.
 - Hot Meals served Monday through Thursday Breakfast is at 8:00 am, Lunch is at 11:30 AM, Dinner is at 5:00 pm. A hot meal is also served on Fridays at 12:00 pm and Sundays at 1:00 pm

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Father Woody's Haven of Hope

303 607-0855

1101 W. 7th Avenue; Denver , (Corner of 7th and Lipan)

<http://www.frwoodyshavenofhope.org/>

- Hot meals and food boxes

Volunteers of America – Dining Centers

[Find a Dining Center | Volunteers of America \(voacolorado.org\)](#)

- Program provides hot nutritious meals at dining centers throughout Denver Metro, Gilpin, Clear Creek and Larimer Counties. Please call 970-472-9630 for reservations

Youth – Meal Resources

Urban Peak

303-974-2900 | 24-hour hotline: 303-974-2908

2100 Stout St, Denver, CO 80205

www.urbanpeak.org

- Provides a drop-in center for homeless youth ages 15-24 years of age.
- Weekdays from 8am – 8pm, and weekends from 10am – 8pm. We are closed on Wednesdays from 12:00pm – 5:00pm.

Sox Place

303-296-3412

2017 Lawrence St, Denver, CO 80205

www.soxplace.com

- A drop-in youth center that provides services from individuals ages 12 to 30 years of age who are homeless.
- Call for details