



Senior Resources – Food and Clothing Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

The Action Center (Jeffco Action Center)

720-215-4850

8745 W. 14th Ave., Lakewood, CO 80215

<https://theactioncenter.org/>

- Serves: Individuals who live in Jefferson County or who are homeless
- Get help with free groceries
 - It's simple, free, and easy to receive free groceries from the Action Center.
 - Each week your household can receive a pre-packed box of groceries filled with healthy, high quality food like fruits, veggies, meat, dairy, and much more. (Selection varies daily).
 - With easy access, you can just drive-thru or walk up, and receive your grocery box once a week!
 - Pick up is available Monday, Tuesday, Thursday, and Friday from 9:30 a.m. to 11:30 a.m. & 1 p.m. to 3 p.m. – closed for lunch from 12 p.m. to 1 p.m.
 - Mornings are quite busy – stop by in the afternoons for quicker service!
 - No documentation or appointment required!
- Clothing Bank – Open at a NEW LOCATION!
 - 1565 Wadsworth Blvd – Monday, Tuesday, Thursday, & Friday from 9:30 a.m. to 11:30 a.m. & 1 p.m. to 3 p.m.
 - No appointment Necessary!
 - Face masks & temperature check required
 - One person per household is allowed to shop
 - One Visit Per Month!

Arvada Community Food Bank

303-424-6685

8555 W 57th Ave. Arvada, CO 80002

<https://cotable.org/>

- Community Table partners with the Food Bank of the Rockies and the USDA Commodity Supplemental Food Program (CSFP) to provide once a month food assistance to low income seniors.
- Serves seniors who live within the following service area: North to 120th Street, South to 26th Ave., West to Hwy 93, and East to Sheridan Blvd.
- Food boxes are distributed the 3rd Wednesday of each month from 9:00 a.m. to 10:30 a.m.
- Bring a picture ID, a piece of mail dated within the last 30 days and proof of inc.me (one of the following: SSI award letter, bank statement, OAP/VA pension statement, W-2, recent pay stub, employer statement, subsidized housing verification or food stamp award letter).

Community Food Share – Elder Share

(303) 652-3663

650 S Taylor Avenue, Louisville, CO 80027

<https://communityfoodshare.org/get-food/senior-food/>

Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

- Elder Share provides groceries, free of charge, to low-income seniors in Boulder and Broomfield Counties twice per month. Every senior receives fresh produce, cheese, and a variety of pantry items.
- If you are a caregiver or you have an elderly family member, you can register and/or pick up food on behalf of a senior.
- Application and income limits listed online

Gilpin County Senior Program

303-582-5440

203 Eureka Street Central City, CO 80427

[Senior Program | Gilpin County \(colorado.gov\)](#)

- Mobile food pantry available at Gold Mountain Village every 3rd Tuesday from 11:00 am to 12:00 pm
- Commodity Supplement Food program available based on income.

Project Support Senior Center Food Assistance

303-567-1311

1402 Miner Street Idaho Springs, CO 80452

<https://www.projectsupportseniorcenter.com>

- A non-profit charity that provides senior services for the Clear Creek County area.
 - Serves hot lunches Monday-Friday from 11:30 a.m. to 12:30 p.m. and every Wednesday at 12:00 p.m. at the Georgetown Community Center

Hunger Free Colorado – Older Adult Nutrition Services

720-382-2920 or 1-855-855-4626 (Main Hunger Free Hotline Number)

1801 N. Williams St. Suite 200, Denver, CO 80218

<http://www.hungerfreecolorado.org/senior-nutrition/>

- Serves: Older adults in Colorado
- Provides: One-on-one assistance to determine eligibility for nutrition programs, answer questions about nutrition assistance programs, help older adults find meal sites and food assistance, as well as help complete any needed applications or forms
- Notes: Services available in Spanish

Joy's Kitchen

720-557-5973

Westwoods Community Church

7700 W Woodard Dr, Lakewood, CO 80227

<https://joyskitchen.org/>

- Provides a food pantry and mobile pantry to anyone in need
- Open Tuesdays, Thursdays, and Saturdays from 1 p.m. to 3 p.m.
- Calendar of times and locations can be found here: <https://joyskitchen.org/timesandlocations/>

Nourish Meals on Wheels

303-798-7642

92 E Arapahoe Road, Littleton, CO 80122 | Mailing: PO Box 3108 Centennial, CO 80161

Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

<https://nourishmealsonwheels.org/>

- Weekday meal delivery, pet supplies, weekend meals, supplementary groceries once a month
- We serve the entire area of these zip codes — 80110, 80113, 80120, 80122, 80123, 80235
 - We serve partial areas of these zip Codes
 - West of I-25: 80111, 80112, 80121, 80237
 - North of C-470: 80126
 - Inside C-470 Loop: 80127, 80128, 80465
 - Acres Green Only: 80124
 - West of Univ and S of Yale/Evans: 80210
 - South of Evans: 80219, 80223
 - **NOT** North of 285 AND West of Lowell: 80236

Senior High Rise Food Bank

303-455-9642

2611 S Decatur St, Denver, CO 80219

https://www.freefood.org/l/senior_high_rise_food_bank

- Senior High Rise Food Bank's purpose is to provide food to senior citizens in the Denver metropolitan area who without the food provided would go hungry.

Specific Populations- Food Resources

Project Angel Heart

303-830-0202 or 800-381-5612

4950 Washington St., Denver, CO 80216

www.projectangelheart.org

- Serves: Individuals must reside in metro Denver or Colorado Springs, and also have a current diagnosis of a life-threatening illness, such as cancer, HIV/AIDS, end-stage renal disease, congestive heart failure, MS, or other such illness AND a documented difficulty preparing or accessing healthy meals due to illness treatment, side effects or another disability. Accept clients of all ages and income levels.
 - If you live outside of the boundaries, you can make alternate delivery arrangements such as picking up your meals at Project Angel Heart or setting up delivery to a friend or family member who lives within the boundaries.
- Provides: Free, home-delivered meals tailored to meet each client's nutritional needs
- Notes: Program Application and Referral form must be signed by a licensed medical professional. These forms should be faxed to: (303) 865-7002. Contact Navigation for a copy of the application or download it at: <http://www.projectangelheart.org/our-meals/application-help/>
- Services available in Spanish

Senior Resource Center – Denver Nutrition Programs

303-238-8151

3227 Chase Street Denver, CO 80212

[Seniors' Resource Center | Non-Profit | Senior Adult Home and Community Based Services \(srcaging.org\)](#)

- SRC continues to support Evergreen Seniors with In-Home Services if any questions call 303-238-8151

Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

Jewish Family Services – Kosher Meals on Wheels

720-248-4701

<https://www.jewishfamilyservice.org/services/in-home-services>

- JFS delivers hot or frozen meals to homebound adults five days per week through our Kosher Meals on Wheels program.
 - To receive meals, an individual must be at least 60 years old and assessed as homebound.
 - He or she must be Jewish or have a spiritual need to receive kosher meals.
 - The program not only provides nutritious meals but also reduces the stress of family members, who know their loved ones are getting a high-quality kosher meal every weekday.