



Substance Use – Support for Family
Members

Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

Resources at Jefferson Center

Jefferson Center – Co-occurring Disorders Multi-Family Group

303-425-0300

9485 W Colfax Ave, Lakewood, CO 80215

- Offers group services for family members and significant others of current Jefferson Center clients who have been diagnosed with a co-occurring substance use disorder.
- Call for additional information.

Resources in the Community

Al-Anon Colorado – Denver Area Service Center, Inc.

24 Hour Number: 303-321-8788

National Number: 1-888-4AL-ANON (888-425-2666)

Email: denver-al-anon@ecentral.com | Website: <https://al-anon-co.org/>

Office and Book Literature Distribution Center | 2133 S Bellaire St, Suite 3, Denver, CO 80222

- Al-Anon's purpose is to help friends and families of alcoholics recover from the effects of living with the problem drinking of a loved one. Our focus is on ourselves, not the alcoholic. The only requirement for membership is that there be a problem of alcoholism with a friend or relative.
- Multiple meetings in the Denver Metro area. Please call or visit their website for details.
- There are no dues or fees to attend Al-Anon meetings.
- Office hours are Monday-Friday, 10am-2pm, Closed Saturday and Sunday.

Adult Children of Alcoholics

<http://www.adultchildren.org/>

- Adult Children of Alcoholics is a recovery program for adults whose lives were affected because of being raised in an alcoholic or other dysfunctional family. It is based on the success of Alcoholics Anonymous and employs its version of the Twelve Steps and Twelve Traditions.
- ACA is a 12 Step program that is a spiritual program, but not a religious program.
- There are no fees to attend, however, donations are accepted.
- Multiple meetings in the Denver Metro area, including Denver, Lakewood, Wheat Ridge, Broomfield, Aurora, and Conifer. Also offers telephone and online meetings. Please visit their website for details: <https://adultchildren.org/meeting-search/>

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Nar – Anon

Toll Free Number: 800-477-6291 | Website: <http://www.nar-anon.org/>

- Nar-Anon's purpose is to help friends and family members affected by someone else's addiction. The only requirement for membership is that there be a problem of addiction in a relative or friend.
- Find a meeting here: <https://www.nar-anon.org/find-a-meeting>
- There are no dues or fees to attend Nar-Anon.

CeDAR – Family Addiction Support Program

Center for Dependency, Addiction, and Rehabilitation

Open 7 days a week from 8am-6:30pm MST

Boulder Office Phone: 303-544-3630 | Aurora Office Phone: 720-848-3000 | Click [here](#) for email

1693 Quentin Street, Aurora, CO 80045

<https://www.cedarcolorado.org/programs/family-services>

- Weeklong addiction program that teaches family members about addiction, how to care for themselves, and how to support the person they love through the recovery process.
- Anyone can participate in the Family Program, whether their family member is a patient at CeDAR.
- Weekly family support meetings are available on Sundays, Tuesdays, and Thursdays.

Craft (Community Reinforcement & Family Training) Support Group

craftenrollment@gmail.com | Phone: 720-900-5576

- Group for family and friends of those struggling with substance abuse
- Groups are free, as they are paid for by the Office of Behavioral Health (OBH)
- Provides communication skills, peer support and techniques to deal with difficult situations
- Several groups are offered throughout the year with day and evening options; primarily offered via Zoom

Denver Recovery Center

844-602-3175 (Admissions)

295 Interlocken Blvd Unit 400, Broomfield, CO 80021

Website: <https://www.denverrecoverycenter.com/addiction-treatment-programs/addiction-therapy-services/family-therapy/>

- An addiction treatment center that specializes in holistic and evidence-based treatment.
- Check insurance verification here: <https://www.denverrecoverycenter.com/insurance-verification/>

Rooted 303

Phone: 303-328-8385 | Email: Info@Rooted303.com | Website: www.rooted303.com

333 West Hampden Avenue #430, Englewood CO 80110

- Primary focus on the person in recovery, not just the loved ones
- We help people in recovery reclaim their lives and what was lost in addiction through job placement and coaching, community support groups, relationship and parenting workshops and community outreach projects
- All offerings come at a \$0 cost to participants.
- Small groups available for those 18 years of age and older.

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Resources for Children and Youth

Hazelden Betty Ford Center Children's Program

303-745-2275 | 14001 East Iliff Avenue, Suite 120, Aurora, CO 80014

<http://www.hazeldenbettyford.org/treatment/locations/aurora>

- Program for children, ages 7-12, from families hurt by addiction. Helps kids positively cope with the many challenges they face and learn about addiction through age-appropriate activities.
- All Children's Programs are open to the public. Parents do not have to be patients at any Hazelden Betty Ford Foundation location for their children to participate in the Children's Program
- No child is turned away for lack of funds, scholarships are available.